

## Laser Eyelid Skin Treatment

An alternative to eyelid surgery is laser skin treatment in mild cases of upper eyelid skin wrinkling. This non-surgical treatment addresses fine wrinkling around the upper and lower eyelids by creating small channels in the skin which contract and tighten the skin.

## Who Can Have Laser Eyelid Skin Treatment?

This is best for mild skin tightening or to address fine wrinkles.

This does not address asymmetry of the eyelids, significant skin loosening, fat bulging or hollowing. Surgery is still the most effective cosmetic procedure in these cases.

## What to Expect

You will receive instructions to prepare for this which may include creams or prescriptions medication.

The laser procedure takes place in a private clinic procedure room and lasts approximately 30–45 minutes. The skin will be treated with a local anesthetic injection to numb the sensation from the laser. You will have numbing eye drops to allow a laser blocking shield to be placed to protect your eye. When the treatment is finished, a cool compress will be placed. An eye ointment will be prescribed by the doctor to be used on the healing skin.

There is slight soreness felt after the procedure but generally you do not require pain pills.

## Recovery

Recovery time is generally 5–7 days for laser eyelid treatment. There may be some redness or bruising at the treatment site which generally heals within the week and can be covered with makeup or a mineral foundation. You will want to relax indoors. It is important to protect the skin from direct sunlight during this time as the reaction to the UV light may cause pigment irregularity.

## How Many Treatments are Needed?

For best effects, 2–3 treatments may be needed, spaced at least 4–6 weeks apart.

Schedule your personal consultation with Dr. Lee to talk about laser eyelid treatment.